



# FAYETTE

## Frog Level 5K Run

**Saturday, Oct. 3, 2009**

**@ Guthrie Smith Park, Fayette,  
Alabama**

### General Information:

The Frog Level Run is directed by SFC Trah Anderson and Wade Shipman. The race will be held in Fayette, Alabama running through Guthrie Smith Park. The first 100 registrants will receive a t-shirt. Preregister to guaranty your shirt size. Pre-registration ends on Sept. 25, 2009. Sports drinks and water will be available for all Frog Level Run participants. Walkers welcome!!

### Registration:

Registration Fee \$15.00  
Fayette County High School  
Attn: Track  
202 Tiger Drive  
Fayette, Alabama 35555

Make Checks Payable to: FCHS -  
Track

~~~For Additional Information Contact-SFC Trah Anderson 205-657-2844 ~~~

[richard.trah.anderson@us.army.mil](mailto:richard.trah.anderson@us.army.mil) and/or [wshipman@fayette.k12.al.us](mailto:wshipman@fayette.k12.al.us)

### FUN RUN

**"Fun Run" – for children 10 & under, 3 age groups for Fun Run: 6 & under, 7 & 8, & 9 & 10  
(awards will be given to all Fun Run participants)**

Name: \_\_\_\_\_ Sex: F M Age: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

T-shirt size Y-S Y-M Y-L Y-XL A-S A-M A-L A-XL

I, individually, (and/or as parent, and/or guardian of the named minor) for and in consideration of acceptance of this entry in the aforementioned event, do hereby release, remise, waive, and foreve discharge the Sponsor, and any and all other supporting groups of this said racing event, together with all of their officers, agents, officials, and employees from any and all liability, claims demands, actions, or cause of action whatsoever arising out of, or related to any injury, illness, loss, or damage, including death, relating to participation in the aforesaid event. I further state I am in proper physical condition to participate in this event.